

# **Back Issues of the Journal of the Psychophysical Therapists Guild of Australia**

## **#1: August 1992**

Festivals - James McGarry  
Q and A - James McGarry  
Book Review - Michael Schubert

## **#2: October 1992**

National Medical Enterprises  
Q and A - James McGarry  
Leave Me Alone - RSPCA  
Festivals - James McGarry  
Religious Attitudes to the Use of Hypnosis - Michael Schubert

## **#3: January 1993**

Guidelines for the Writing of a Research Report - James McGarry  
Sweatlodges - Susan Brelin-Bechio  
Q and A - James McGarry  
The Case Against Vegetarianism - Ian O'Brien  
Mesmerism Is Not Hypnosis - Michael Schubert  
Festivals - James McGarry

## **#4: April 1993**

Q and A - James McGarry  
T-shirt competition  
Feng Shui - Leanne Winner  
On Warts - Louis Thomas  
D.I.Y. Massage Table part 1 - James McGarry  
The Median isn't the Message - Steven Gould  
Festivals - James McGarry

## **#5: July 1993**

T-shirt competition  
Aspects of Astral Projection and an Investigation of Whether Memory is Retained after Physical Death - Ping Starwalker  
Festivals - James McGarry  
D.I.Y. Massage Table part 2 - James McGarry  
Review: the Sydney Sky Guide - Michael Schubert

## **#6: September 1993**

Cuts and Bleeding: Useful Intervention - Graham Everett  
Confessions of a Young Hypnotherapist - Michael Schubert  
Firewalking and the Persistence of Charlatans - Loren Pankratz  
The Dark Ages - Barbara Walker  
A Gift to a Beautiful Friend - Elaine Buckley

## **#7: December 1993**

Montauk History: A Reminiscence - Grain O' Sand  
Body Dismorphic Disorder - Alix Kirsta  
Parables of Wim  
The Birth of a Country Practice - Kathryn Reeves  
Diary of an Armchair Traveller - Michael Beschtr

**#8: April 1994**

Science for Psychics - Wendy Grossman  
The Benefits? of Meditation - Susan Blackmore  
Time and Mind - Robert Lansa  
Syrinx – Leanne Winner

**#9: August 1994**

An Astral Observation - Leo Angefils  
Thoughts on Meditation - Leonie Sorensen  
Comparative Wisdom - Robert Isherwood  
Preliminary Report on Psychic Control of Plants - Michael Schubert  
Things I Wish Men Knew - Cathy Cash Spellman  
Love of Gaia - Ping Starwalker

**#10: December 1994**

Hypnosis: Who is Abusing Whom? - Phil Bagnall  
Anomaly and Paradigm - Joseph Herman  
The Cupboards: A Patient's Story - Steve Blair  
Thank you Katherine Kerr - Michael Schubert

**#11: February 1995**

Interview With Henry Zarth - James McGarry  
Hsing-I Chuan: A Chinese Way of Energy Control - Mark Rabin  
Massage Therapy & Psychic Healing - Michael Schubert  
The Concept of the Human Mind - Gilbert Ryle

**#12: May 1995**

Give Your Ideas the Delivery They Deserve - Kathryn Reeves  
Mesmerised by Travel - Benjamin Gray  
Hypnotherapy in Victoria - James McGarry  
Clinical Observations During Psychic Healing - Michael Schubert  
Book Review: The Root Canal Cover-up - Sivan Hayes

**#13: August 1995**

The Decline and Fall of the Mind - James McGarry  
The Little People - Wanda Komorn  
Psychophysical Intervention in Depression Utilising Astral Projection and Hypnotherapeutic Modalities - Leonie Sorensen  
Product Review: Energy Cards - James McGarry

**#14: December 1995**

Inside Anorexia - Sivan McGarry  
A Chakra Balancing Walk - Leonie Sorensen  
Free Will and Responsibility - John Hospers

**#15: February 1996**

The Eye of the Beholder - Joe Cann  
Product Review: The Internet - James McGarry  
Book Review: The Celestine Prophecy - Tim White  
Caffeine and Osteoporosis - John Anderson  
Irrationality and Conformity - Stuart Sutherland

**#16: May 1996**

Principles of Rational Thinking - Jonn Mumford  
Malpractice Insurance cover for Members of the Society of Psychic Healers - James McGarry  
Salute to the Sun - Kathryn Reeves

**#17: August 1996**

Case Study: Rheumatoid Arthritis - James McGarry  
Pagan - Benjamin Gray  
Parables of Wim - Grain O' Sand  
Relaxation as a Key to Bodilessness - Leonie Sorensen

**#18: December 1996**

Yellow Pages Classified Headings Structure - James McGarry  
Vitamins and Freedom of Choice - Anne Bailey  
Music and Therapy - James McGarry  
World Yoga Convention Report - Benjamin Gray  
Case Study: History Taking and Assessment - Harvey Dunkley

**#19: April 1997**

Case Study: Agoraphobia - James McGarry  
Being the Goddess - Leonie Sorensen  
Indigenous Mind Healing Environmental Crime - Annie Teteris

**#20: August 1997**

How Psychophysical Healing Changed My Life - Betty McGill  
Spacemen and the Astral Plane Leonie Sorensen  
Severing the Past - Lydia Kovacs  
An Interview with James McGarry - Jennifer Ut

**#21: December 1997**

Old Crones and Goddesses - James McGarry  
Somatic Psychotherapy and the Socially Constructed Body - Jeff Barlow  
Case Study: Placebo Effect on a 14 Week Old Child - Micheal Schubert  
Parables of Wim - Grain O' Sand

**#22: April 1998**

The Skill of the Voyeur - Goswami Drastamurti  
Headache: A Case Study - Leonie Sorensen  
Absolute Power - Benjamin Gray  
Ideas for Hypnosis - Leonie Sorensen

**#23: August 1998**

Metamorphosis - Wanda Komorn  
Awareness - Richard Collingridge  
Panic Attacks & Repressed Abuse: A Case Study - Betty McGill  
Relaxation and Learning - Susan Stott

**#24: November 1998**

Grooming and Deportment - Sivan McGarry  
Psoriasis - Leonie Sorensen  
A Question of Ethics - James McGarry  
Alien Abduction - Susan Blackmore  
Ideas for Hypnosis - Leonie Sorensen

**#25: April 1999**

Hypnotic Intervention in the Treatment of Endometriosis - Sivan McGarry  
How To Grow Your Business - Leonie Sorensen  
You Can't Take It With You - James McGarry  
How To Kill Your Guild

**#26: August 1999**

A Chorus of Voices? - James McGarry  
Performance Boosting with Hypnosis - Susan Stott  
Workcover: Do You Comply? - Wanda Komorn  
Ayahuasca: A Peruvian Approach to Healing - Alessia Kernot  
Ideas for Hypnosis - Leonie Sorensen.

**#27: November 1999**

Reflections on Magic in Peru - Alessia Kernot  
Metamorphosis Revisited - Wanda Komorn  
Case Study: Habitual Freedom - Leonie Sorensen  
Book Review: "The Dayspring of Youth" - James McGarry

**#28: April 2000**

Book review - Thinkerman and the Accident of Knowing - James McGarry  
Mesmerism in the Treatment of Depression - Wanda Komorn  
A Brief Overview of Upcoming Pagan Festivals - Rylie Dowdle  
Media Release: Science is Catching Up - Leonie Sorensen  
Companion Planting - Cate Nelson

**#29: August 2000**

Case Study: Transsexual Transition - Rylie Dowdle  
St John's Wort Drug Interactions - Hans Wohlmuth

**#30: November 2000**

Case Study: Doing It Naturally- Leonie Sorensen  
Book Review: "Complementary Therapies in Context"- James McGarry  
"May I Have a Word in Your Ear"- Rylie Dowdle  
Metaphysics: Of Personal Identity- Joseph Butler

**#31: April 2001**

The Trouble With Xenohormones - Sivan McGarry  
Learning To Grow - Alessia Kernot  
Flying The Coop: How I Left The Public Service - Susan Stott  
Case Study: Pill Phobia - Leonie Sorensen

**#32: August 2001**

Case Study: Farming a New Life - Rylie Dowdle  
Mind, Body, Spirit Expo - Tassie Style -Wanda Komorn  
Who is IHSHY - Wanda Komorn  
Medical Evidence for Re-incarnation -Arthur Guirdham

**#33: December 2001**

The Trouble With Xenohormones - Part 2 - Sivan McGarry  
A Library for the Guild - James McGarry  
Case Study - Improving Performance - Leonie Sorensen

**#34: April 2002**

Depression: Its Prevalence, Current Influential Factors and Treatment from a Psychophysical Perspective - Leonie Sorensen

**#35: October 2002**

Report on the Status of Insurance - James McGarry  
The Bach Flower Remedies - Nora Weeks  
The Illusion of Death - A. L. Herman  
Attention Deficit Syndrome - Leonie Sorensen

**#36: January 2003**

Book Review: "The Continuum Concept" - Leonie Sorensen  
Attention Deficit Hyperactivity Disorder (ADHD) - Alessia Kernot  
Psyche and Eros - Vernon Underwood  
Survival, Transformation and the Mystery Teachings - Anna Morduch  
Library – new book additions

**#37: May 2003**

Attention Deficit Hyperactivity Disorder (ADHD) Part 2 - Alessia Kernot  
Library – new book additions

**#38: October 2003**

Self Hypnosis for Self Empowerment - Alessia Kernot  
Product Review - Magnets for Healing - James McGarry  
The Dying Art of Conversation - Leonie Sorensen

**#39: December 2003**

The Speaking Voice As An Instrument - Susan Stott  
The Refutation Of Fatalism - Gilbert Ryle  
Library - new book additions - November 2003

**#40: October 2004**

The Utilization of Hypnotic Suggestion in Psychophysical Healing - June Woffenden  
Letter From America - William Douglas  
Cervical Dystonia - Leonie Sorensen  
If Not Dieting, Then What - Susan Stott

**#41: January 2005**

Private Subconscious-mind Healing (P.S.H.) - James McGarry  
Tell the Locals About Yourself - Susan Stott  
Electromagnetic Radiation Dangers - John Lincoln  
Letter from America - William Douglass  
Q + A: Love – James McGarry  
Library – new book additions - November 2004

**#42: May 2005**

Codex Alimentarius: A Serious Threat to your Health and Freedom - Helen Cunningham  
Letter from America - William Douglass  
The Global Threat Of Counterfeit Drugs: Why Industry And Governments Must Communicate  
The Dangers - Robert Cockburn, Paul N. Newton, E. Kyeremateng Agyarko, Dora Akunyili and  
Nicholas J. White

**#43: September 2005**

Letter From America - William Douglas  
"Spin Doctors": A New Paradigm Theorizing The Mechanism Of Bioenergy Healing - Sue Benford  
How To Wish Upon A Star - James McGarry  
Is American Bioethics Lost In The Woods? - Michael Cook

**#44: January 2006**

Letter From America - William Douglas  
Women's Indigenous Knowledge - Mamphela Ramphele  
The Faith Factor - Andrew Newton  
The Story of Mary - Glenys Page  
Book Review: "Parenting For A Peaceful World" - Leonie Sorensen

**#45: May 2006**

Nutrition and Psychology - James McGarry  
Suggestibility, Susceptibility and the Optimistic Principle - Andrew Newton  
Shoppers Now Have the Humane Choice - Melissa Lang

**#46: October 2006**

New Library Rules  
Examining The Catharsis From Life To After Life - M. Sue Benford  
The Mindd International Forum On Children, An Integrative Approach - Leonie Sorensen

**#47: January 2007**

Hypnosis in the Laboratory – Amanda Barnier  
Marketing – Feast or Famine – Steven Harold  
Hypnotherapy: Technique or Profession? – Shaun Brookhouse and Fiona Biddle  
Rational Suggestion Therapy – Richard A Blumenthal  
Some Things Never Change – Ways to Kill Your Guild  
Book Review - “Psychonavigation – Techniques For Travel Beyond Time” – Alessia Kernot  
Library Book Additions – November 2006

**#48: May 2007**

Public Speaking & the (Gentle) Art of Persuasion – Leonie Sorensen  
The Politics of Health In Australia – Eve Hillary  
Letter from America – An Irregular Update – William Douglas  
Book Review – “The Balance of Beauty” By Gregory Landsman – Alessia Kernot  
Library Book Additions – March 2007

**#49: October 2007**

New Library Rules  
Spontaneous Human Combustion – M Sue Benford  
Psychic Powers – David Pratt  
Library New Book Additions – August 2007  
Library – DVD Reviews – Alessia Kernot

**#50: December 2007**

Lessons In The Art Of Kindness – Hugh Mackay  
Short Sleep Durations Is Associated With Reduced Leptin, Elevated Ghrelin, and Increased Body Mass Index – Shahrads Taheri  
7 Things Sapping Your Creativity Right Now – Linda Dessau  
Library New Book Additions – November 2007  
Thoughts on a National Hypnotherapist’s Body – James McGarry

**#51: May 2008**

Spiritual Piloting – Margaret Atkinson  
Thai Yoga Bodywork – Sonia Osorio  
The Power of Laughter – Keith Varnum  
The Magic of Appreciation – Lynn Grabhorn  
Library New Book Additions – March 2008  
Library – New Book Reviews – Alessia Kernot  
Letter from America – William Douglas

**#52: September 2008**

Discover the work you were born to do – Nick Williams  
Letter from America – An irregular update – William Douglas  
The Karma of Art – Leonie Sorensen  
2008 No 250 Public Health (General) Amendment Regulation 2008  
Library Book Additions – August 2008

**#53: January 2009**

More Members as Therapists Project Overview – Gary Chong  
Whales, Dolphins and Humans – Name withheld  
Letter from America – An Irregular update – William Douglas  
“Let There Be Light” – Is Matter Only An Illusion? – Chris Bourne  
Using Light & Colour To Heal The Body, Mind And Spirit – Manohar Croke  
Library Book Additions – November 2008

**#54: May 2009**

Free Floating Anxiety – A Case Study – Michael O’Sullivan  
Emotion, The Professional Gamblers Main Enemy? – Gordon Drew  
The Spiritual Psychology Of The Chakras – Grace Ross  
Library Book Additions – November 2008  
The Steps To Starting Your Hypnotherapy Business – Gary Chong

**#55: September 2009**

Why Bother To Volunteer As A Therapist? – Gary Chong  
Wake Up To Hypnotherapy – Ursula James  
Weight Loss – A Practical Solution – Jon Rhodes  
Mind Over Menopause – Zoilita Grant  
Journey From Tibet – Lobsang Jenpa  
How To Forgive – Michelle Beaudry  
Library Book Additions – August 2009

**#56: January 2010**

More Powerful Placebos – Vincent Lauria  
The Nocebo Effect Of Voodoo – Helen Pilcher  
Awareness – Richard Collingridge  
Letter From America – William Douglas  
Laughing For The Health Of It – Elaine Cooper  
Library Book Additions – November 2009

**#57: May 2010**

The Truth About Antidepressants – Michael Yapko  
More Truths About Antidepressants – Vincent Lauria  
Letter From America – William Douglas  
Brain Asymmetry Eases Hypnotic Trance – Linda Geddes  
The Dorsolateral Prefrontal Cortex – Jonah Lehrer  
Look Into My Eyes: The Power of Hypnosis – Nicola Jones  
Library Book Additions – November 2009